Care Management

Coordinated care and wellness programs help you get and stay healthy.

Care management is all about helping improve your health and well-being. It involves coordinating care among providers, reducing hospital visits, boosting patient engagement, and helping you and your providers better manage chronic conditions.

HTA's Diabetes & Heart Care (HMO CSNP) plan is designed for people who are ready and willing to partner with their doctors and care teams. What does that mean exactly? It means you'll actively participate in managing your chronic condition (i.e. adhere to your medications, get regular checkups, communicate with your team) and you'll complete an annual Health Risk Assessment (a questionnaire that helps identify your healthcare needs).

HealthTeam Advantage makes care management easier with a variety of programs and services that are included with all our plans.

Living Plus—health and wellness program focuses on active living, healthy eating, and social connections for members of all abilities. Programs and classes are designed to increase bone and muscle strength, reduce the risk of falls, boost your energy and sense of well-being, and improve your memory and concentration.

Landmark Health—program for qualifying HMO CSNP members with multiple chronic conditions such as heart failure, chronic kidney disease, or malnutrition. Landmark Health offers in-home medical services and care coordination at no additional cost. They collaborate with your primary care provider by providing 24/7 access to the care you need when you need it.

Care management, and more specifically your Interdisciplinary Care Team, can help you reach your health goals.

Flip the page to learn more about your Interdisciplinary Care Team!

The Interdisciplinary Care Team (IDT)

The Interdisciplinary Care Team is a team of healthcare professionals from different disciplines who work together to manage your physical, psychological, and social needs. Whenever possible, you and your family should be part of the team.

Primary Care Provider

Case Manager

Cardiologist & Endocrinologist

MEMBER

Social Worker

Plan Medical Directors

Family & Home Support

Personal Concierge

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