



Custodial Care

Personal, professional, non-medical care when you need it most.

When you've been discharged from the hospital, either to your home or a nursing home, you may need some extra help with basic everyday tasks.

Custodial care is that extra help. It's non-medical care performed by professional caregivers. Custodial care includes help with self-care tasks like eating, dressing, and bathing or household chores like cooking, running errands, and laundry.

Our custodial care benefit covers up to 20 hours of care after a hospital stay, for a maximum of 60 hours per year at no cost to you. Original Medicare does not cover custodial care.

If you require custodial care your custodial care professional can:

- ◆ Assist in the kitchen, including preparing meals and grocery shopping
- ◆ Help with mobility, including lifting and carrying throughout the home
- ◆ Dress you
- ◆ Get to and from the bathroom, including using the toilet and bathing
- ◆ Do laundry and light housework

Custodial care must be provided by a professional home health agency or provider and prior authorization is required.

HealthTeam Advantage, a product of Care N' Care Insurance Company of North Carolina, Inc., is a Medicare Advantage organization with a Medicare contract. Enrollment in HealthTeam Advantage depends on contract renewal.